

# CULINARY INSTRUCTOR

#### **VOLUNTEER POSITION DESCRIPTION**

Kentucky 4-H Youth Development Program Kentucky Cooperative Extension Service The University of Kentucky College of Agriculture

## **POSITION TITLE:**

Culinary Instructor

## TIME REQUIRED / DURATION OF APPOINTMENT:

- Instructor will conduct 5-10 meetings (workshops) lasting 1-2 hours each
- One Year duration
- Meeting dates, times, location and frequency are flexible based on the availability of the instructor
- Meeting dates, times and location will base on the availability of the coordinator

## LOCATION:

Community centers with access to kitchens and local schools with access to kitchen

#### **GENERAL PURPOSE:**

Youth will be educated and engaged with the basics of culinary arts, nutrition, foods, meal planning, cooking techniques, the art of food decoration and food preparation. Youth will also become acclimated to a kitchen environment and other related topics.

## SPECIFIC RESPONSIBILITIES:

- Work with 4-H agent to coordinate meetings and activities
- Conduct scheduled meetings
- Provide leadership to 4-H members
- Support and guide 4-H members to learn culinary basics and use them to carry out a community service project
- The instructor will be committed to helping young people be a good citizen by making a positive contribution to their family, school or community
- Encourage parental involvement
- Work with County agent and assist with the evaluation process
- Follow all 4-H guidelines and policies of the University of Kentucky Cooperative Extension and the County 4-H program

## **QUALIFICATIONS:**

- Must complete the KY 4-H volunteer application and screening processes and be accepted as a volunteer by the Youth Protection/Risk Management Committee
- Provide own transportation to meetings and activities
- Self-starter; Must be able to work with minimal supervision from professional staff
- Effective communication skills
- A sincere interest in working with Extension staff, volunteers, parents and youth
- Organizational skills; Ability to organize information and materials in a timely matter
- Have an interest in food, nutrition and health

#### **BENEFITS:**

- The opportunity to work with youth and or adults providing positive support and growth experiences
- Receive intrinsic and extrinsic rewards at volunteer recognition events
- Volunteer development opportunities
- · Opportunity to share your skills, talents and interests
- Orientation provided by Extension staff
- Research shows that volunteering promotes improved health
- The opportunity to make a difference in the life of a child
- · Work with community leaders and gain networking abilities

#### SALARY:

Unsalaried; volunteer. This position does not imply employment with the University of Kentucky

#### **MENTOR / SUPERVISING PROFESSIONAL:**

Name: Address: City, State, Zip: Phone: Fax: Email:

"I have read, understand and agree to fulfill the purpose and responsibilities of this volunteer position and further agree to accept guidance and direction from the supervisor. I am committing to involve individuals regardless of race, color, age, sex, religion, disability or national origin in educational experiences in cooperation with other Extension volunteers and Extension personnel. I also understand that failure to fulfill the purpose and responsibilities of the volunteer position and to accept guidance and direction from the supervisor could result in suspension of my position. I also understand that this volunteer position is renewable annually; I will notify the supervising professional if I am no longer interested in serving."

Date	
Date	

#### Cooperative Extension Service

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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**5.** Disabilities accommodated with prior notification.

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

Lexington, KY 40506