

Family and Consumer Sciences Foods Volunteer

Volunteer Position Description

FCS Foods Volunteer
Cooperative Extension Service
University of Kentucky

POSITION TITLE:

Family and Consumer Sciences Foods Volunteer

TIME REQUIRED:

The amount of time needed to complete the role, listed in both frequency and duration
Additional time may be needed for preparation before the event.

(Personalize to your activity-i.e. weekly meetings, lasting 90 minutes each, with approximately one hour preparation)

LOCATION:

Extension office or community centers with access to kitchens and local schools with access to kitchen.

GENERAL PURPOSE:

- Youth and adults will be educated and engaged with the basics of culinary arts, nutrition, foods, food safety, meal planning, cooking techniques, the art of food decoration and food preparation.
- Youth and adults will also become acclimated to a kitchen environment and other related topics.

SPECIFIC RESPONSIBILITIES:

- Work with FCS and/or 4-H agent to coordinate meetings and activities
- Conduct scheduled meetings
- Provide leadership and positive feedback to adults, 4-H members or other youth
- Support and guide 4-H members to learn culinary basics and use them to carry out a community service project
- The instructor will be committed to helping young people be a good citizens by making a positive contribution to their family, school, or community
- Encourage parental involvement with 4-H
- Work with County agent and assist with the evaluation process

QUALIFICATIONS:

- Applicants must complete the screening process
- Volunteers provide their own transportation to meetings and activities
- Staff

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BENEFITS:

- The opportunity to work with youth and/or adults, providing positive support and growth experiences
- Volunteer development opportunities; Receive intrinsic and extrinsic rewards
- Opportunities to share your skills, talents and interests
- Orientation provided by Extension staff
- Research shows that volunteering promotes improved health
- Opportunity to make a difference in the life of a youth or adult
- Use office supplies and materials
- Extension professionals will be available for consultation

SALARY:

Unsalaries; volunteer. This position does not imply employment with the University of Kentucky.

SUPERVISOR:(County Extension Agent responsible and accountable for this position)

Name:

Title:

Address:

Phone:

e-mail:

"I have read, understand and agree to fulfill the purpose and responsibilities of this volunteer position and further agree to accept guidance and direction from the supervisor. I am committing to involve individuals regardless of race, color, age, sex, religion, disability or national origin in educational experiences in cooperation with other Extension volunteers and Extension personnel. I also understand that failure to fulfill the purpose and responsibilities of the volunteer position and to accept guidance and direction from the supervisor could result in suspension of my position. I also understand that this volunteer position is renewable annually; I will notify the supervising professional if I am no longer interested in serving."

SIGNATURES:

Signature of volunteer

Date

Signature of supervisor

Date

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506

