

Volunteer Position Description

Recipes for Life
Cooperative Extension
Service University of Kentucky

POSITION TITLE:

Recipes for Life Volunteer

TIME REQUIRED:

The amount of time needed to perform the role, listed in both frequency and duration.
Additional time may be needed for preparation before event.

LOCATION:

The location or meeting place for the program may be the Extension office or alternative site.

GENERAL PURPOSE:

Recipes for Life is a hands-on educational experience for fifth-grade students.
The Recipes for Life program teaches youth nutrition, food preparation, food safety, and life skills.

SPECIFIC RESPONSIBILITIES:

Groups of students attend a day of learning and are divided into small teams to work with an adult volunteer to learn about healthy eating, nutrition, food safety, and food preparation techniques. Work with agent and assist with evaluation process.

QUALIFICATIONS:

- Applicants must complete the volunteer application and screening process
- Volunteers provide own transportation to meetings and activities
- Self-starter; must be able to work with minimal supervision from professional staff
- Effective communication skills with Extension Staff, volunteers, and program participants
- Organization skills; Ability to organize information and materials in a timely manner.
- A sincere interest in working with Extension staff, volunteers, parents and youth

BENEFITS:

- The opportunity to work with youth and/or adults, providing positive support and growth experience
- Volunteer development opportunities
- Receive intrinsic and extrinsic rewards
- Opportunities to share your skills, talents and interests
- Orientation provided by Extension staff
- Research shows that volunteering promotes improved health
- Opportunity to make a difference in the life of a youth or adult
- Use office supplies and materials
- Extension professionals will be available for consultation

SALARY:

Unsalaries; volunteer. This position does not imply employment with the University of Kentucky.

SUPERVISOR:(County Extension Agent responsible and accountable for this position)

Name:

Title:

Address:

Phone:

e-mail:

"I have read, understand and agree to fulfill the purpose and responsibilities of this volunteer position and further agree to accept guidance and direction from the supervisor. I am committing to involve individuals regardless of race, color, age, sex, religion, disability or national origin in educational experiences in cooperation with other Extension volunteers and Extension personnel. I also understand that failure to fulfill the purpose and responsibilities of the volunteer position and to accept guidance and direction from the supervisor could result in suspension of my position. I also understand that this volunteer position is renewable annually; I will notify the supervising professional if I am no longer interested in serving."

SIGNATURES:

Signature of volunteer

Date

Signature of supervisor

Date

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506

